Liturgy of the Eucharist
Offering our own lives in union with Christ

TARGET AUDIENCE

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |

Overview

This Object is third in a chronologically ordered set of four covering the Order of Mass. The Mass text provided is the 8th Sunday in Ordinary Time Year A.

The multimedia element of this Object is a video of this part of the Mass.

Teacher Background

Teachers are encouraged to review the ‘Receiving this English Translation’ and ‘Celebrating the Eucharist’ sections of the DVD Rom Become One Body One Spirit in Christ to deepen their understanding of the history of translation, the principles of translation, and the changes to the text, as well as the meaning and significance of the sacrament.

In particular, the following aspects of Become One Body One Spirit in Christ provide entry points and context for this Learning Object:

‘Receiving this English Translation’

- Within the pathway ‘Changes to the Text’, watch the video ‘Overview’.
- Within the pathway ‘Changes to the Text’, sub-section ‘Missal Texts’, review the changes to the words of the Introductory Rites by comparing the provided 1973 and 2010 translations. A ‘Commentary’ is provided wherever there is a change.

Where appropriate, use this material with the students.

Supporting Content

This text supports the focus of the multimedia element.

* All Sit *

THE LITURGY OF THE EUCHARIST

Celebrant: Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.
All: Blessed be God for ever.

Celebrant: By the mystery of this water and wine may we come to share in the divinity of Christ who humbled himself to share in our humanity.

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

All: Blessed be God for ever.

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, Lord God.

Celebrant: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

* All Stand *

All: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

Celebrant: God our Creator, may this bread and wine we offer as a sign of our love and worship lead us to salvation.

Grant this through Christ our Lord.
The Lord be with you.
All: And with your spirit.

Lift up your hearts.
All: We lift them up to the Lord.

Let us give thanks to the Lord our God.
All: It is right and just.

Celebrant: It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

For through his Paschal Mystery, he accomplished the marvellous deed, by which he has freed us from the yoke of sin and death, summoning us to the glory of being now called a chosen race, a royal priesthood, a holy nation, a people for your own possession, to proclaim everywhere your mighty works, for you have called us out of darkness into your own wonderful light.

And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim:
All: Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he  
who comes in the name of the Lord.  
Hosanna in the highest.

Supporting Content

* All Kneel *

Celebrant: You are indeed Holy, O Lord,  
the fount of all holiness.  

Make holy, therefore, these gifts, we pray,  
by sending down your Spirit upon them like the dewfall,  

so that they may become for us  
the Body and Blood of our Lord Jesus Christ.  

At the time he was betrayed  
and entered willingly into his Passion,  

he took bread and, giving thanks, broke it,  
and gave it to his disciples, saying:  

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.  

In a similar way, when supper was ended,  

he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:  

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE POURED OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

Celebrant: The mystery of faith.

All: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

Celebrant: Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with Benedict our Pope and Denis our Bishop and all the clergy.

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face. Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

All: Amen.

* All Stand *

THE COMMUNION RITE

Celebrant: At the Saviour’s command and formed by divine teaching, we dare to say:

Supporting Content

All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Celebrant: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

All: For the kingdom, the power and the glory are yours now and for ever.

Celebrant: Lord Jesus Christ, who said to your Apostles:
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Peace I leave you, my peace I give you;  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.

Who live and reign for ever and ever.

All:  
Amen.

Celebrant: The peace of the Lord be with you always.  
All: And with your spirit.

Celebrant: Let us offer each other the sign of peace.

All:  
Lamb of God,  
you take away the sins of the world,  
have mercy on us.  
Lamb of God,  
you take away the sins of the world,  
have mercy on us.  
Lamb of God,  
you take away the sins of the world,  
grant us peace.

* All Kneel *

Celebrant: Lord Jesus Christ, Son of the living God,  
who, by the will of the Father  
and the work of the Holy Spirit,  
through your Death gave life to the world,  
free me by this, your most holy Body and Blood,  
from all my sins and from every evil;  
keep me always faithful to your commandments,  
and never let me be parted from you.

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.
All: Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

COMMUNION ANTIPHON

All: I, the Lord, am with you always, until the end of the world.

Celebrant: The Body of Christ.

All: Amen.

* All Stand *

PRAYER AFTER COMMUNION

Celebrant: Let us pray.
God of salvation,
may this sacrament which strengthens us
here on earth
bring us to eternal life.

We ask this in the name of Jesus the Lord.

All: Amen.

Supporting Content

For Reflection and Discussion: Ideas for Use

Select one or more of the following activities for students to complete.

1. Screen the multimedia element for the students and ask them to record the invitations and responses in their notebooks.
   Create a PowerPoint presentation of the invitations and responses said during the Liturgy of the Eucharist. Pay particular attention to words that have changed. Use the presentation to practise and correct responses.

2. Screen the multimedia element for the students and ask them to record the actions, postures and gestures of the assembly in response.
   Include in your PowerPoint presentation the actions, postures and
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For Reflection and Discussion: Ideas for Use

3  Screen the multimedia element for the students.
   Now watch the video of this part of the Mass again, paying particular attention to the spoken and physical responses from the assembly.

4  Invite the students to reflect on the following questions:
   • During this part of the Eucharist are there any moments of silence?
   • At what point did they occur?
   • What do you think is the significance of this?
   • Explain in your own words why it is important to have an introduction to the Eucharist.

Teacher Professional Development Resources

Order of Mass

Overview of the Roman Missal for Catechists, Teachers, and Youth Ministry Leaders