

## Overview of the Mass

### Key moments in the Mass



## TARGET AUDIENCE

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### Overview

This Object provides a selection of the 12 key moments in the celebration of the Eucharist. The content is related to active participation. This Object is most suitable for primary school students.

The multimedia element of this Object depicts the 12 key moments on a timeline. By clicking on each of the hotspots, you are provided with a brief explanation, the Mass text where applicable and an image representing the moment.

### Teacher Background

Teachers are encouraged to review the 'Receiving this English Translation' and 'Celebrating the Eucharist' sections of the DVD Rom *Become One Body One Spirit in Christ* to deepen their understanding of the history of translation, the principles of translation, and the changes to the text, as well as the meaning and significance of the sacrament.

In particular, the following aspects of *Become One Body One Spirit in Christ* provide entry points and context for this Learning Object:

'Receiving this English Translation'

'Receiving this English Translation'

- Within the pathway 'Changes to the Text', watch the video 'Overview'.
- Within the pathway 'Changes to the Text', sub-section 'Missal Texts', review the changes to the words of the Introductory Rites, Liturgy of the Word, Liturgy of the Eucharist and Concluding Rites by comparing the provided 1973 and 2010 translations. A 'Commentary' is provided wherever there is a change.

'Celebrating the Eucharist'

- Within the pathway 'Introductory Rites' watch the video 'Overview'. The content of the video is further developed in the excerpts taken from the essay *A Walk Through the Mass* by Sr. Janet Baxendale SC. The excerpts can be accessed by clicking on the 'Read More' arrow. The essay can be downloaded by clicking on the 'View Essay' button.
- Within the pathway 'Liturgy of the Word' watch the video 'Overview'. The content of the video is further developed in the excerpts taken from the essay *A Walk Through the Mass* by Sr. Janet Baxendale SC.

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- The excerpts can be accessed by clicking on the 'Read More' arrow. The essay can be downloaded by clicking on the 'View Essay' button.
- Within the pathway 'Liturgy of the Eucharist' watch the video 'Overview'. The content of the video is further developed in the excerpts taken from the essay *A Walk Through the Mass* by Sr. Janet Baxendale SC. The excerpts can be accessed by clicking on the 'Read More' arrow. The essay can be downloaded by clicking on the 'View Essay' button.
  - Within the pathway 'Concluding Rites' watch the video 'Overview'. The content of the video is further developed in the excerpts taken from the essay *A Walk Through the Mass* by Sr. Janet Baxendale SC. The excerpts can be accessed by clicking on the 'Read More' arrow. The essay can be downloaded by clicking on the 'View Essay' button.

*Where appropriate, use this material with the students.*

### Supporting Content

*This text supports the focus of the multimedia element.*

At Mass we gather as the friends of Jesus coming together. We listen to the story about Jesus, told to us from the scripture. We give thanks to God the Father for all that Jesus did for us. We go from Mass with Jesus as part of our lives. We now try to live as he did. The Mass is made up of twelve key moments. The 'Greeting' is the beginning of the celebration of Mass. Next is the 'Penitential Act' when we tell God we are sorry for the times we have not loved as we should have.

Following this are the 'Scripture Readings' read by people from the assembly, after which the Priest reads the Gospel. The First and Second Readings, and the Gospel are explained by the Priest and he talks about what we can learn from them in the 'Homily'. The 'Creed' is when everybody in the Church stands up and says what they believe as a group. The 'Prayer of the Faithful' is when we offer prayers for people in need. People from the assembly lead us in this.

The gifts of bread and wine are brought to the altar during the 'Preparation of the Gifts'. The 'Consecration of the bread and wine' is when the bread and wine are changed into the Body and Blood of Jesus. We then speak the 'The Lord's Prayer' which Jesus taught us. We say it together to praise God for all that we have been given and to ask God to forgive us the things that we have

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### Supporting Content

done wrong. Next we shake hands with the people around us to share the peace that Christ gives. This is called the 'Sign of Peace'. At 'Communion' those of us who have made our First Holy Communion, can now move forward to the altar to receive of Body and Blood of Jesus. This brings us closer to God.

To finish Mass the 'Final Blessing' is spoken. The Priest blesses us and sends us from the church to bring Jesus to the people we meet by being loving and kind.

### For Reflection and Discussion: Ideas for Use

*Select one or more of the following activities for students to complete.*

- 1 **Screen the multimedia element to assist the students to complete this task.**  
Name the 12 key moments in the Mass.
- 2 **Screen the multimedia element to assist the students to complete this task.**  
Divide the class into pairs. Each pair takes one key moment in each of the four parts of the Mass and explains what happens on a piece of a jigsaw. When all have finished, each pair explains their piece and joins it into the jigsaw.
- 3 **Invite the Parish Priest/School Chaplain to speak to the class about the parts of the Mass and their significance.**  
Ask a Priest to talk about the parts of the Mass listed here.
- 4 **Organise a visit to your Parish Church/School Chapel to complete this task.**
  - Visit a church and discuss where each part of the Mass takes place.
- 5 **Screen the multimedia element to assist the students to complete this task. If possible use images from a class Mass to illustrate the 12 key moments.**  
Make a mobile of the 12 key moments in the Mass and hang it in your classroom.

### Teacher Professional Development Resources

The Liturgical Commission, [Drawing Up A School's Policy on Celebrating Eucharist](#), 1996