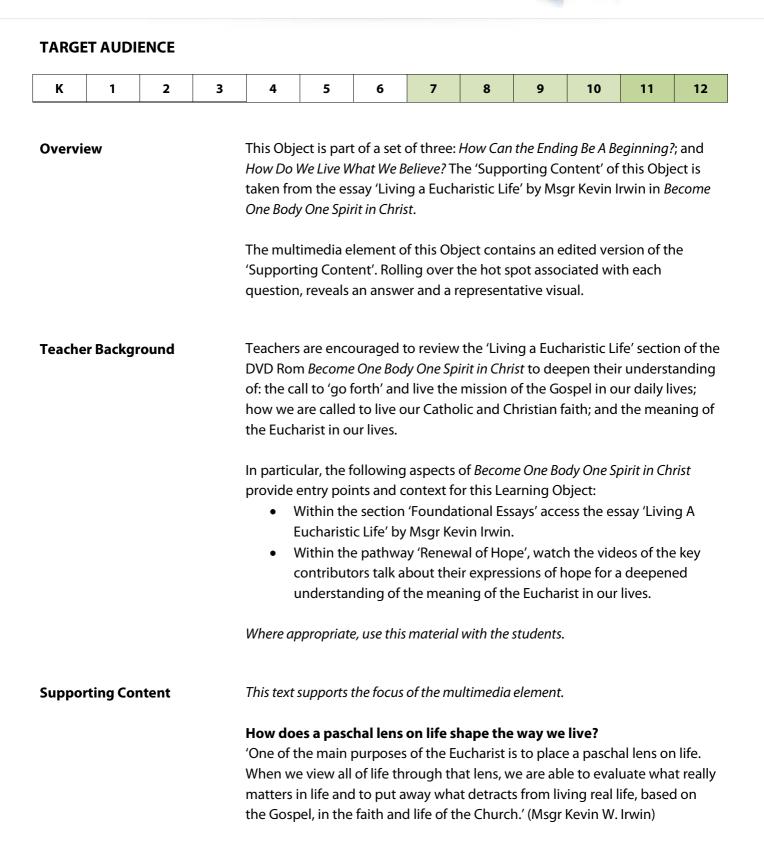
How Can the Eucharist Make a Difference in My Life? Called to give a public witness to our faith





Together At

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Supporting Content

For Your Reflection:

- 1. In your own words, outline the meaning of this quote
- 2. What 'really matters' in your life?
- 3. In your opinion, what 'detracts from living *real* life'?

How does celebrating the Eucharist affect the relationships in your life?

'Worship pleasing to God can never be a purely private matter, without consequences for our relationships with others: it demands a public witness to our faith.' (Msgr Kevin W. Irwin)

For Your Reflection:

- 1. Explain why this is a true claim.
- 2. Describe the lives of two people in the past and two people living now whose lives witness to their faith.

(Instead of written answers, you could present a PowerPoint or video).

- 3. How does celebrating the Eucharist affect the relationships in your life?
- 4. How and when do you give 'a public witness to our faith'?

What is the celebration of the Eucharist about?

'The celebration of the Eucharist is not about getting us out of life for a respite in order that we might be touched and graced by God. Rather it is more about how this most sacred action helps us to experience the living God in this act and then to rediscover that same God in daily life.' (Msgr Kevin W. Irwin)

For Your Reflection:

- 1. Why is it important not to think of the Eucharist as 'getting us out of life for a respite'?
- 2. Describe a time when a liturgy helped you to feel close to God.
- 3. What led to this experience e.g. was there something special about the celebration or was it the way you were feeling?
- 4. Have there been other times when you discovered 'that same God' in your life? Describe that experience. Did it change your relationship with God and with others? In what ways?



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'There can be no more poignant image and reminder of this than the litu of the Holy Thursday Evening Mass of the Lord's Supper. We celebrate th Eucharist with two particular features that bespeak the spirituality inhere every celebration of the Eucharist – we wash feet and collect gifts for the poor. We can do none of this if we live in isolation. We need to do all of th because we live in communion with one another and in God.' (Msgr Kevi Irwin)	ent in his
For Your Reflection:	
 Read the account of Jesus' washing of the feet of his disciples (Jo 13: 1-20). Why did Jesus do this? What does the symbolism mean? What effect did it have on the disciples? 	hn
4. Why is it true to say that: 'We need to do all of this'?	
5. When do you 'wash feet and collect gifts for the poor'?	
For Reflection andSelect one or more of the following activities for students to complete.	
Discussion: Ideas for Use 1 Invite students to undertake this task and to share their	
responses.	
Undertake a self-evaluation using the following prompts:	
 What are 3 things I learnt from these quotations and reflections? 	
2. What are 2 questions or comments I have?	
3. What is 1 thing I'd like to find out more about?	

Teacher Professional Development Resources The Eucharist as the Form of Christian Life



Together At One Altar